



## CONDITIONS AND CONTENT OF **PRENATAL BONDING (BA) CURRICULUM**

The **PRENATAL BONDING CURRICULUM** educates participants in a completely new method of facilitating pregnant women through the second part of their pregnancy until giving birth. Teaching is based on principles of Pre- and Perinatal Psychology and Medicine and general knowledge of Psychoanalysis, Group Analysis, and Systemic Family Therapy. Significant amounts of information and personal growth through **ENRICHED BIOGRAPHICAL WORK\***, in addition to the method of PRENATAL BONDING(BA) will be acquired.

The content of the education includes definition, history, research, theory, practice, limitations, outcomes of PRENATAL BONDING (BA), and demonstration of facilitation in detailed case studies. Participants will experience group regression to personal prenatal experience and present their early biography (\*EBW) to deepen their understanding of the facilitation process as a future facilitator. The group process also includes and invites the significant personal and professional knowledge, and wisdom of every participant concerning all aspects of the earliest childhood experiences. Every participant will facilitate at least two practical administrations of the method, which will be guided personally and supervised by Gerhard Schroth or Anne Goertz-Schroth (Co-leader). In addition, the training group helps to contain these first experiences through peer review of each facilitation.

The course content presented on the first two of four workshops will be centered on self-awareness training (\*EBW) and theory of biographical assessment techniques of the medical and biographical history of the pregnant women and significant others, facilitation techniques and detailed conditions of working with PRENATAL BONDING (BA), including facilitation examples by case studies, basics of psychotherapy and self-care. *This allows participants to begin their own facilitations after the first, latest after the second training part.* The following two workshops will cover deeper specialized facilitation techniques as mentioned above, additional self-awareness training and reflection, but will mainly focus on peer-group supervision of the trainees' own facilitations. The group process conducted during supervision/peer review allows participants to learn from each other in the sense of Michael Balint's work dealing with the personal aspects of interactional experiences with the pregnant women. Thus, we will have a continuum from theory to practical application within the 4 training parts over a period of about 24 months. For all theoretical topics presented, handouts will be provided summarizing the content.

A personal awareness and reflection process is inevitable during an education and experience, such as this. PRENATAL BONDING (BA) offers a significant healing capacity to the participants.

The training curriculum requires that all workshops must be completed (as described above), and at least two PRENATAL BONDING (BA) facilitations must be conducted with personal guidance/supervision by Dr. Schroth or Anne Goertz-Schroth in 3 or more personal supervisions of 30 to 60 minutes by Skype (billed in increments of 10 minutes). Each student will also be expected to document and present 2 cases to the group, describing the biographical background of the pregnant women, the facilitation process and the outcomes for mother and baby. Satisfaction of these conditions results in certification, which is administered by Gerhard Schroth, MD. Graduates are encouraged to complete 10 facilitations and process these in peer groups following the same format used in the formal training (At this time, there are two active Prenatal Bonding (BA) peer groups available in Seattle/WA and Champaign/IL (capabilities to participate by video or phone)

**The training involves 4 sessions of 4 days each (128 education units of 45 min.) and personal guidance/supervision of the participants own facilitations over a period of about 2 years in a small group of 8 to 11 students.**

**Dates:** 2018 Jan 12 to 15 and May 25 to 28 // 2019 Jan 18 to 21 and Nov 08 to 11  
**Location:** Each block of 4 days will be conducted in **Gleisweiler/Germany** (near Frankfurt)  
2 additional training days (each on Saturdays) will be arranged by Skype.  
**Tuition fee:** For each block **720€** (Early bird rate of 600€ for registration until Oct 1, 2017)  
Additional Skype trainings will be charged by 150€ per day.

In-person appointments for personal work preparing your Enriched Biographical Work\* or facilitation supervision are available immediately before and after the training sessions of Prenatal Bonding (BA) at an additional charge. (These appointments need to be arranged two months before the training date.)

**Installment plan and early bird rates of tuition:**

The complete tuition (all four sessions) for **PRENATAL BONDING (BA) CURRICULUM** is **3180€**. However, registration **prior to October 1, 2017, an Early Bird Rate is available at 2700€.**

The PB(BA) Curriculum covers 128 units of 45 minutes teaching in the group in 4 sessions of 4 days each over a period of about 2 years, one personal consultation by Skype with Gerhard Schroth before starting the training and one first personal supervision of 30 minutes. It includes as well the training facility, break refreshments and handouts.

Not included: Personal guidance/supervision of your facilitations during the training via Skype. It will be charged by € 20 for each 10 minutes (depending on time elapsed). Each facilitation (participants are required to have at least two facilitations for certification) during the training requires at least 3 personal guidance/supervision of 30 to 60 minutes in length. Travel, hotel and additional expenses while attending the training are not included, as well.

**To Register for PRENATAL BONDING (BA) CURRICULUM:**

Contact: [www.schroth-apv.com](http://www.schroth-apv.com). A deposit of 360€ by PayPal is required to reserve your registration. It will be deducted from the tuition total. Payment for the training tuition is due at least 6 weeks before the training session by Pay Pal. Late payments will be charged an additional € 50. Credit cards cannot be accepted.

The unique PRENATAL BONDING (BA) CURRICULUM, in particular the self-awareness training and personal reflective work through the ENRICHED BIOGRAPHICAL WORK requires your participation in all scheduled workshops as a fundamental condition. The quality of the training in its entirety is dependent on all members being responsible, perceiving the training group itself as a conscious living organism or orchestra, where the whole is greater than the sum of the individual parts. The training mission cannot be accomplished if one of its' members is missing (severe illness is the exception). This special format of a "safe container" is an analogy to a safe womb, the deep experience of early bonding to be experienced by the participants themselves, creating a significant healing environment for all members and an ideal preparation to the future facilitations of the pregnant woman and the Unborn inside.

**Disclaimer**

The content and use of the PRENATAL BONDING (BA) CURRICULUM is for educational purposes only. PRENATAL BONDING (BA) does not offer medical advice, legal advice, psychotherapy, psychoanalysis, or treatment of any kind. PRENATAL BONDING (BA) is not a replacement for diagnosis or treatment by a health care professional.

Before registering to PRENATAL BONDING (BA) CURRICULUM and payment of the deposit via **PayPal**, please read carefully, double check and agree to the content as described above regarding the terms and conditions of this training program.

*Gerhard Schroth*

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